

The Arigato Money Ritual

Inspired by Ken Honda's philosophy of Happy Money, the Arigato Money Ritual is a simple yet powerful practice that transforms your financial energy through gratitude.

Step-by-Step Guide

1. Arigato In:

Say 'Arigato' (thank you) when you receive money. This includes your salary, gifts, tips, refunds, or even finding a coin.

2. Arigato Out:

Say 'Arigato' when you spend or release money-on rent, groceries, bills, or donations. Bless the money as it flows out.

3. Smile:

As you say Arigato, smile gently. This anchors a vibration of peace and trust into your subconscious mind.

4. Reflect:

At the end of the day, take a moment to thank your money flow-no matter how big or small. Gratitude expands prosperity.

Affirmations to Use with the Ritual

- **Money flows to me with joy and leaves with grace.**
- **I bless all income and expenses with love.**
- **I am grateful for every yen, dollar, or coin.**
- **My money is happy, and so am I.**

Practice this ritual daily to raise your Money EQ, heal your financial relationship, and become a

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magnetic steward of abundance.